

## BASIC COURSE

### CHILDREN'S PALLIATIVE CARE AND PAIN MANAGEMENT

**TARGET AUDIENCE:** the course is aimed at all professionals who, for various reasons, come into contact with children requiring palliative care.

**METHODS:** Theoretical/practical (practical tuition, tutorials in small groups, case studies, skills training).

**DURATION:** 1½ days

#### FIRST DAY (8 hours)

Time	Topic	Methods	Goals
08:30-09:30	CPC Training: The skills model	Frontal lesson	Align the participants' training needs with the program and the methods applied
09:30-11:00	Definition of terms and problems	Group work	Encourage participants to express their viewpoints and opinions
11:00-11:30	Refreshments		
11:30-13:00	Definition of terms and problems	Frontal lesson	Theoretical feedback on group work
13:00-14:00	Lunch		
14:00-15:30	Strategies for managing multi-problematic children and methods for supporting the child and family	Group work	Discuss the different possible management strategies of for 3 clinical cases
15:30-17:00	Strategies for managing multi-problematic children and methods for supporting the child and family	Frontal lesson	Analyse the different strategies identified, highlighting the strengths and weaknesses
17:00-18:00	Summary of the day's work	Plenary discussion	Raise the participants awareness of the skills learnt, highlighting the possible applications

**Second day (4 hours)**

<b>Time</b>	<b>Topic</b>	<b>Methods</b>	<b>Goals</b>
08:30-09:30	Question time	Plenary discussion	Clarification of doubts, concerns, and any need for further information about the first day of training
09:30-11:00	Organizational aspects and legislation.	Frontal lesson	Provide an up-to-date regulatory framework with procedural steps regarding CPC and pain management
11:00-11:30	Refreshments		
11:30-12:15	The management of complex problems	Frontal lesson	Provide a working method for dealing with complex problems
12:15-12:45	“As from tomorrow...”	Plenary discussion	Discussion about the applicability of knowledge and skills learned during the workshop
12:45-13:00	Feedback questionnaire	Individual work	Collect the participants feedback on the workshop

**Faculty:**

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