



TOGETHER, FOR A BETTER TODAY.

End of year newsletter



EPEC PEDIATRICS WORKSHOP

From the 20th to the 23rd of November, the Maruzza Foundation organized the EPEC Pediatrics - Advanced Pain & Palliative Care workshop in Rome. It was the first time that this workshop, aimed at the various figures of the multidisciplinary care team who provide pediatric palliative care in hospitals, hospices and in the family home, was held in Europe. The unique specialized training experience held in the suggestive setting of the Santa Maria Bambina Auditorium next to the St Peter's Basilica in the Vatican City, saw an extraordinary participation of 88 healthcare professionals from 27 different countries. The EPEC course was an opportunity for the participants to study techniques, procedures, standards and best practices implemented in the various healthcare settings. Thanks to the commitment of the Foundation Charlemagne, 6 grants covering the costs of the training, travel and accommodation were provided for young doctors and nurses from low-income countries. The grants contributed to increasing the impact of the initiative, whose objective, in line with the Foundation's mission, was to improve the quality of care provided to children living with incurable illness and to increase global access to pediatric palliative care. The elevated interest in the initiative, that will be repeated in the future, once again demonstrates the urgent need for specialized training in pediatric palliative care for healthcare professionals working with children with serious illness and their families.



Together for a better today!

AT CHRISTMAS TIME, LET'S TAKE CARE!

Maruzza Foundation has launched its Christmas fundraising campaign; **'This Christmas Let's Take Care'** in support of the Foundation's projects and initiatives aimed at raising awareness in secondary school of the issues linked to disability, incurable illness and palliative care provision. The initiative, which will be presented at the beginning of the next academic year, will be accompanied by the launch of a specially designed video game and a **'toolbox'** that will be distributed to the classes participating in the project.

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It is also possible to contribute to the foundation' activities by bank transfer:
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SICP CONGRESS

The **Italian Society of Palliative Care (SICP)** annual congress was held this year from the **14th to the 16th of November in Riccione**. Once again, the Maruzza Foundation participated in the event with its own stand and organized a round table discussion on the rights of children with serious

illness entitled; "**Rights in Pediatric Palliative Care: a puzzle to compose**". The session which was moderated by Dr. **Luca Manfredini**, Director of the Children's Hospice in Genoa, saw the participation of **Moreno Crotti Partel**, a founding member of the Maruzza Regional Association in Lombardy, Nurse Manager at the Pediatric Oncology unit at the Children's Hospital in Brescia and Professor of Pediatric Nursing at Brescia University, who opened the debate with a presentation on the rights of healthcare workers. This was followed with a talk by **Simona Cacace**, a researcher in legal sciences at the Department of Law of Brescia University, who explained the legal aspects related to the rights of children with serious illness. To conclude, **Omar Leone**, President of the Maruzza Regional Association in Friuli Venezia Giulia, who spoke about the rights of the families of children living with incurable illness.



GLOSSARY OF PALLIATIVE CARE TERMINOLOGY

During the SICP Congress, the Italian **Glossary** of terminology produced by the **Italian Palliative Care Federation** was presented. As an active member of the Federation, the Maruzza Foundation contributed to the drafting of the document comprising 49 definitions. The aim of the initiative is to render a series of concepts and terms related to palliative care delivery more accessible and comprehensible and, by raising awareness of the tools and therapies that are part of Palliative Care, to help dispel myths and misconstructions. In fact, familiarity with the terminology is considered the

first step towards the recognition of healthcare rights and an effective doctor and patient dialogue.

The **Glossary** (in Italian) can be consulted and downloaded on the Federation's website by clicking on the link: <https://www.fedcp.org/cure-palliative/glossario>

Maruzza Foundation

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